

## SAFETY MEETING TOPIC

This form shall be completed and kept on file

Job Name \_\_\_\_\_ Location \_\_\_\_\_ Job No. \_\_\_\_\_  
Meeting Leader \_\_\_\_\_ Title \_\_\_\_\_  
Date Held \_\_\_\_\_ Place \_\_\_\_\_ Time \_\_\_\_\_  
Subject of Meeting EYES AND EYE PROTECTION

Eye injuries are one of the most common injuries suffered on a construction site. Many times the foreign object is no bigger than the head of a small straight pin, but it feels like a Mack truck somehow found its way into your eye.

As in the case of all our body parts, we should take great care to protect our eyes.

When there is the possibility of flying chips or particles we must (not should) wear goggles, eye shields or face masks.

If glasses with corrective lenses are worn, suitable goggles and face masks are available which can be worn over top of your regular glasses.

We should protect our eyes from bright light, glare and radiant energy hazards present during welding and burning operations.

Special care should be exercised in areas where harmful gases, vapors, fumes or smoke is present. Under these conditions respiratory protection will in all probability also be required.

If you are pouring or handling caustic or corrosive materials such as cleaning solutions, acids, lime, cement, wet concrete or the like, always wear eye protection of the correct type.

In the Occupational Safety and Health Standards for the Construction Industry (29 CFR Part 1926) Section 1926.102, OSHA stipulates the various types of safety glasses or goggles, face shields, welding helmets, and filter shade lens numbers that must be worn or used to protect our face and eyes while performing most every type of job that we will be called upon to do.

If you are in doubt as to what the correct protective equipment is for what you are going to do, ask your supervisor or the employer's safety representative.

If you wear contact lenses, you should be aware that they ARE NOT eye protectors. A solid particle or liquid could get between the lens and your eye and create a worse situation than if you did not have contact lenses.